

**REPORT OF FREE EYE SURGICAL CAMP AT DHQ HOSPITAL KARAK
(27TH APRIL-1ST MAY, 2014).**

Backgroud: National Program for Prevention and Control of Blindness was approved by PDWP on 05/10/2012. Rs. 62.992 million were allocated and released to the program in the CFY 2013-14. Out Reach Activities/Free Eye Camps is one of the PC-I approved activites of the program and Rs. 1.750 million have been allocated for the said purpose.

Comprehensive Eye Care Cell of PICO planned three surgical eye camps in the months of April & May, 2014. Around 100 surgeires are planned to be done per camp in the DHQ hospitals. A team comprising of 3 doctors, 2 Optometrists, 4 Ophthalmic Technicians, 1 OTA, Management and a driver will be involved in the surgical eye camps for 5 days per camp. Following is the proposed schedule for the eye camps:-

- i) First camp at District Karak from 27th April -1st May, 2014.**
- ii) The 2nd eye camp at Alpuri Shangla from 11th-15th May, 2014.**
- iii) The 3rd Camp in Dir (Upper) from 25th-29th May, 2014.**

Report on 1st Eye Camp at District Karak 27th April -1st May, 2014.

The first surgical camp was held in District Karak from Sunday 27th April to Wednesday 30th April, 2014. Following PICO Team comprising of three surgeons, two optometrists, 4 ophthalmic technicians, one driver and a Program Officer took part in the eye camp:-

1. Dr. Sadiqullah, Assisatnt Professor.
2. Dr. Hamza, Senior Registrar.
3. Dr. Naeem Khattak, TMO.
4. Mr. Pervez Akhtar, Program Officer.
5. Mr. Fahad, Optometrist.
6. Mr. Shiraz, Optometrist.
7. Mr. Irfan, Ophthalmic Technician.
8. Mr. Samiullah, Ophthalmic Technician.
9. Mr. Shahid Mehmood, Ophthalmic Technician.
10. Mr. Sami, Ophthalmic Technician.
11. Mr. Naeem, OTA.
12. Mr. Gul Hussain, Driver.

The team reached at the DHQH Karak on Sunday 27th April, 2014 at 5:00 PM. Dr Asif Nadeem, the District Eye Specialist received the Team. On that day, the pre-liminary arrangements for the surgical eye camp were discussed with the District Eye Specialist.

28th April, First Day of the Eye Camp.

In the morning, the PICO staff made arrangements for the Eye OPD and Eye OT in the DHQ Hospital. The Eye OPD and Eye OT & Ward were situated at a small distance. Dr. Sadiqullah, Dr. Hamza and Dr. Naeem Khattak started the OPD on 28th April at 9:00 am. The Optometrists tested vision of the patients and then referred them to the doctors for further examination. After the doctors' examination, the patients were referred to either OT or advised for Refraction and some of them were prescribed medicines. The medicines were provided free of cost. The OPD remained open from 9:00 am to 1:00 pm, after which the surgeons started the surgeries. On the first day a total of **233 patients were examined in the OPD, out of which 64 patients were provided free medicines and 14 patients were diagnosed with cataracts and operated in the OT. The surgeries continued till 6:00 pm. Dr. Sadiqullah, Dr. Hamza & Dr. Naeem Khattak (from PICO, HMC) and Dr. Asif Nadeem (from DHQH Karak) conducted the surgeries.**

29th April, Second Day of the Eye Camp.

OPD on the second day started at 8:45 am. On that day a total of **195 patients were examined in the OPD, out of which 54 patients were given free medicines and 25 patients were diagnosed with cataracts and operated in the OT.**

30th April, Third Day of the Eye Camp.

On the 3rd and last day more OPD was expected as compared to the first two days due to more awareness among the people of the area. The OPD was started at 8:30am. On that day a great rush of patients was witnessed. A total of **350 patients were examined in the OPD, out of which 84 patients were given free medicines and 23 patients were diagnosed with cataracts and operated in the OT.**

Overall Findings:

- i) OPD:** In three days a total of 778 patients were examined in the OPD.
- ii) OT:** A total of 62 Cataract Surgeries were diagnosed and operated in three days (**List of patients attached**).
- iii) Medicines:** In three days 202 poor patients received free medicines (**List of patients attached**).
- iv) Publicity:** The banners which were provided by PICO to DHQH Karak two days prior to the eye camp were displayed on the day of camp, which resulted in low awareness of the eye camp and also affected the overall target of 100 surgeries.
- v) Administrative Support:** The District Administration, i.e. the Deputy Commissioner & District Health Officer Karak though provided the accommodation to the PICO Team but none of them visited the camp personally or sent their representatives to the camp. Despite of the fact, that the Health Department, Govt. of Khyber Pakhtunkhwa had issued a letter to the district administrations to facilitate the PICO team. Even the Medical Superintendent of the DHQ Hospital, Karak visited the Eye OPD on the first day and did not enquire about the camp in the last two days. However, the facilitation and cooperation from the Eye Unit of the hospital was praiseworthy.

Recommendation:-

- i) All the concerned districts have been issued instructions by office of the Secretary Health, Govt. of Khyber Pakhtunkhwa to facilitate the eye camps. The District Authorities especially the District Health Officer & District ophthalmologist needs to be more pro-active in awareness raising so that maximum poor population of the area can benefit from these camps.**
- ii) The visits of the District Administration to the eye camps can encourage and facilitate the PICO Team which will enable them to deliver more goods to the suffering population.**

PICTORAL PRESENTATION OF THE EYE CAMP AT DHOH KARAK





